

CRAVE HOT DOGS & BBQ FOOD TRUCK NUTRITIONAL INFORMATION:

HOT DOGS & BRATWURST:

BASED ON SINGLE HOT DOG/BRATWURST ORDERS

HOT DOG:

INCLUDES THE MEAT & BUN

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		450.0	450
Calories From Fat		0.0 **	0
Total Fat	g	27.5	28
Saturated Fat	g	11.0	11
Trans Fat	g	1.0	1.0
Cholesterol	mg	45.0	45
Sodium	mg	1120.0	1120
Total Carbs	g	35.0	35
Dietary Fiber	g	1.0	1
Sugars	g	5.0	5
Protein	g	16.0	16
Calcium	mg	26.0 **	26
Iron	mg	2.16	2
Potassium	mg	235.0	235

THE NEW YORKER:

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		485.15	490
Calories From Fat		0.0 **	0
Total Fat	g	27.5	28
Saturated Fat	g	11.0	11
Trans Fat	g	1.0	1.0
Cholesterol	mg	45.0	45
Sodium	mg	2172.35	2170
Total Carbs	g	45.63	46
Dietary Fiber	g	1.0	1
Sugars	g	12.09	12
Protein	g	16.0	16
Calcium	mg	26.0 **	26
Iron	mg	2.16 **	2
Potassium	mg	235.0 **	235

BRATWURST:

INCLUDES THE MEAT & BUN

Contains: Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		170.0	170
Calories From Fat		0.0 **	0
Total Fat	g	38.5	39
Saturated Fat	g	14.0	14
Trans Fat	g	0.0	0
Cholesterol	mg	90.0	90
Sodium	mg	1970.0	1970
Total Carbs	g	38.0	38
Dietary Fiber	g	1.0	1
Sugars	g	7.0	7
Protein	g	26.0	26
Calcium	mg	78.0	78
Iron	mg	1.8	2
Potassium	mg	94.0 **	94

THE CHICAGO DOG:

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		494.26	490
Calories From Fat		0.0 **	0
Total Fat	g	27.5	28
Saturated Fat	g	11.0	11
Trans Fat	g	1.0 **	1.0
Cholesterol	mg	45.0	45
Sodium	mg	2038.68	2040
Total Carbs	g	47.03	47
Dietary Fiber	g	1.57 **	2
Sugars	g	14.6	15
Protein	g	16.28	16
Calcium	mg	33.37 **	33
Iron	mg	2.26 **	2
Potassium	mg	339.44 **	339

HOT DOGS CONTINUED: BASED ON SINGLE HOT DOG ORDERS

CHILI CHEESE DOG:

Contains: Soy, Wheat, Milk, Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		703.98	700
Calories From Fat		0.0 **	0
Total Fat	g	47.41	47
Saturated Fat	g	21.72	22
Trans Fat	g	1.0	1.0
Cholesterol	mg	109.95	110
Sodium	mg	1603.43	1600
Total Carbs	g	37.28 **	37
Dietary Fiber	g	1.36	1
Sugars	g	5.48	5
Protein	g	29.95	30
Calcium	mg	427.13 **	427
Iron	mg	2.33 **	2
Potassium	mg	235.0 **	235

SLAW DOG:

Contains: Soy, Wheat, Egg

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		474.74	470
Calories From Fat		0.0 **	0
Total Fat	g	28.5	29
Saturated Fat	g	11.13	11
Trans Fat	g	1.0	1.0
Cholesterol	mg	45.0	45
Sodium	mg	1135.62	1140
Total Carbs	g	38.73	39
Dietary Fiber	g	2.34	2
Sugars	g	7.34	7
Protein	g	16.69	17
Calcium	mg	48.5 **	49
Iron	mg	2.43	2
Potassium	mg	326.51	327

Bowls:

BRISKET BOWL:

SOUTHWEST BOWL:

Contains: Soy, Wheat, Milk, Egg, Milk, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		1154.27	1150
Calories From Fat		0.0 **	0
Total Fat	g	66.29	66
Saturated Fat	g	28.19	28
Trans Fat	g	2.02 **	2.0
Cholesterol	mg	226.61	225
Sodium	mg	2870.28	2870
Total Carbs	g	79.98 **	80
Dietary Fiber	g	5.49 **	5
Sugars	g	40.62	41
Protein	g	51.33 **	51
Calcium	mg	678.41 **	678
Iron	mg	4.0 **	4
Potassium	mg	840.29 **	840

Contains: Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		763.3	760
Calories From Fat		0.0 **	0
Total Fat	g	30.24	30
Saturated Fat	g	14.11	14
Trans Fat	g	0.0 **	0
Cholesterol	mg	154.14	155
Sodium	mg	1559.02	1560
Total Carbs	g	67.37 **	67
Dietary Fiber	g	11.14 **	11
Sugars	g	24.08 **	24
Protein	g	50.97 **	51
Calcium	mg	470.29 **	470
Iron	mg	9.58 **	10
Potassium	mg	1100.23 **	1100

MAC N BRISKET BOWL:

Contains: Egg, Milk, Soy, Wheat, Milk

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		984.11	980
Calories From Fat		0.0 **	0
Total Fat	g	59.74	60
Saturated Fat	g	25.87	26
Trans Fat	g	1.52	1.5
Cholesterol	mg	163.11	165
Sodium	mg	2984.2	2980
Total Carbs	g	57.9 **	58
Dietary Fiber	g	1.36	1
Sugars	g	13.28	13
Protein	g	48.07	48
Calcium	mg	748.69	749
Iron	mg	3.05 **	3
Potassium	mg	602.65 **	603

^{*}Note: Items are subject to change due to availability*

SANDWICHES:

PULLED CHICKEN:

Nutrient Values

Contains: Soy, Wheat

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		481.24	480
Calories From Fat		0.0 **	0
Total Fat	g	12.1	12
Saturated Fat	g	3.66	3.5
Trans Fat	g	0.0	0
Cholesterol	mg	114.75	115
Sodium	mg	1774.32	1770
Total Carbs	g	59.55	60
Dietary Fiber	g	2.34	2
Sugars	g	21.3	21
Protein	g	30.99	31
Calcium	mg	48.5	49
Iron	mg	2.68	3
Potassium	mg	591.59	592

SMOKED BRISKET:

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		656.17	660
Calories From Fat		0.0 **	0
Total Fat	g	30.58	31
Saturated Fat	g	11.79	12
Trans Fat	g	2.02	2.0
Cholesterol	mg	91.12	90
Sodium	mg	2304.72	2300
Total Carbs	g	60.48	60
Dietary Fiber	g	2.68	3
Sugars	g	21.89	22
Protein	g	31.17 **	31
Calcium	mg	54.12 **	54
Iron	mg	3.24 **	3
Potassium	mg	551.02	551

PULLED PORK:

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		492.52	490
Calories From Fat		0.0 **	0
Total Fat	g	13.34	13
Saturated Fat	g	4.97	5.0
Trans Fat	g	0.0	0
Cholesterol	mg	93.39	95
Sodium	mg	1743.35	1740
Total Carbs	g	59.55	60
Dietary Fiber	g	2.34	2
Sugars	g	21.3	21
Protein	g	32.04 **	32
Calcium	mg	48.5 **	49
Iron	mg	3.63 **	4
Potassium	mg	337.79 **	338

MAC N BRISKET:

Contains: Soy, Wheat, Milk, Egg, Milk, Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		925.11	930
Calories From Fat		0.0 **	0
Total Fat	g	51.19	51
Saturated Fat	g	23.11	23
Trans Fat	g	2.02	2.0
Cholesterol	mg	157.54	160
Sodium	mg	2529.59	2530
Total Carbs	g	63.98 **	64
Dietary Fiber	g	1.23	1
Sugars	g	20.09	20
Protein	g	45.4 **	45
Calcium	mg	479.85 **	480
Iron	mg	3.23 **	3
Potassium	mg	453.59 **	454

MEAT BY THE POUND:

PULLED CHICKEN:

PULLED PORK:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		702.0	700
Calories From Fat		0.0 **	0
Total Fat	g	32.4	32
Saturated Fat	g	8.1	8
Trans Fat	g	0.0	0
Cholesterol	mg	459.0	460
Sodium	mg	1458.0	1460
Total Carbs	g	0.0	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	97.2	97
Calcium	mg	0.0	0
Iron	mg	3.89	4
Potassium	mg	1015.2	1015

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		747.11	750
Calories From Fat		0.0 **	0
Total Fat	g	37.36	37
Saturated Fat	g	13.34	13
Trans Fat	g	0.0	0
Cholesterol	mg	373.55	375
Sodium	mg	1334.12	1330
Total Carbs	g	0.0	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	101.39	101
Calcium	mg	0.0 **	0
Iron	mg	7.68	8
Potassium	mg	0.0 **	0

SMOKED BRISKET:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		1377.0	1380
Calories From Fat		0.0 **	0
Total Fat	g	105.3	105
Saturated Fat	g	40.5	41
Trans Fat	g	8.1	8
Cholesterol	mg	364.5	365
Sodium	mg	3564.0	3560
Total Carbs	g	0.0	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	97.2	97
Calcium	mg	0.0	0
Iron	mg	5.83	6
Potassium	mg	761.4	761

CUSTOMER FAVORITES:

GIANT PRETZEL:

Contains: Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		800.0	800
Calories From Fat		0.0 **	0
Total Fat	g	10.0	10
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	1800.0	1800
Total Carbs	g	145.0	145
Dietary Fiber	g	0.0 **	0
Sugars	g	0.0 **	0
Protein	g	25.0	25
Calcium	mg	0.0 **	0
Iron	mg	7.2	7
Potassium	mg	235.0	235

LOADED FRIES:

Contains: Wheat, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		1085.11	1090
Calories From Fat		0.0 **	0
Total Fat	g	53.48	53
Saturated Fat	g	17.93	18
Trans Fat	g	0.0 **	0
Cholesterol	mg	156.94	155
Sodium	mg	2341.65	2340
Total Carbs	g	106.78 **	107
Dietary Fiber	g	4.57 **	5
Sugars	g	9.94 **	10
Protein	g	41.02 **	41
Calcium	mg	370.3 **	370
Iron	mg	3.95 **	4
Potassium	mg	1470.11 **	1470

CHILI CHEESE FRIES:

Contains: Wheat, Soy, Wheat, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		883.45	880
Calories From Fat		0.0 **	0
Total Fat	g	49.96	50
Saturated Fat	g	18.59	19
Trans Fat	g	0.0	0
Cholesterol	mg	73.36	75
Sodium	mg	1755.22	1760
Total Carbs	g	83.56 **	84
Dietary Fiber	g	4.42	4
Sugars	g	1.44 **	1
Protein	g	24.23	24
Calcium	mg	500.34	500
Iron	mg	2.92 **	3
Potassium	mg	783.79 **	784

TACO'S:

PULLED PORK:

Contains: Wheat, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		755.94	760
Calories From Fat		0.0 **	0
Total Fat	g	35.57	36
Saturated Fat	g	17.46	17
Trans Fat	g	0.0 **	0
Cholesterol	mg	154.14	155
Sodium	mg	1606.5	1610
Total Carbs	g	62.28 **	62
Dietary Fiber	g	3.21 **	3
Sugars	g	10.79 **	11
Protein	g	46.42 **	46
Calcium	mg	548.81 **	549
Iron	mg	4.95 **	5
Potassium	mg	369.76 **	370

PULLED CHICKEN:

Contains: Wheat, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		744.66	740
Calories From Fat		0.0 **	0
Total Fat	g	34.33	34
Saturated Fat	g	16.15	16
Trans Fat	g	0.0 **	0
Cholesterol	mg	175.5	175
Sodium	mg	1637.47	1640
Total Carbs	g	62.28 **	62
Dietary Fiber	g	3.21 **	3
Sugars	g	10.79 **	11
Protein	g	45.37 **	45
Calcium	mg	548.81 **	549
Iron	mg	4.0 **	4
Potassium	mg	623.56 **	624

SMOKED BRISKET:

Contains: Wheat, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		913.41	910
Calories From Fat		0.0 **	0
Total Fat	g	52.56	53
Saturated Fat	g	24.25	24
Trans Fat	g	2.02 **	2.0
Cholesterol	mg	151.87	150
Sodium	mg	2163.97	2160
Total Carbs	g	62.28 **	62
Dietary Fiber	g	3.21 **	3
Sugars	g	10.79 **	11
Protein	g	45.37 **	45
Calcium	mg	548.81 **	549
Iron	mg	4.49 **	4
Potassium	mg	560.11 **	560

SALADS: Includes Salad without Meat Choice

THE CRAVE CLASSIC:

THE LOADED GREENS:

Contains: Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding	
Calories		492.35	490	
Calories From Fat		0.0 **	0	
Total Fat	g	38.35	38	
Saturated Fat	g	12.86	13	
Trans Fat	g	0.0 **	0	
Cholesterol	mg	60.75 **	60	
Sodium	mg	524.38	520	
Total Carbs	g	29.29 **	29	
Dietary Fiber	g	4.32 **	4	
Sugars	g	23.27	23	
Protein	g	15.91	16	
Calcium	mg	492.44 **	492	
Iron	mg	1.35 **	1	
Potassium	mg	208.9 **	209	

Contains: Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding	
Calories		747.5	750	
Calories From Fat		0.0 **	0	
Total Fat	g	58.2	58	
Saturated Fat	g	21.37	21	
Trans Fat	g	0.0 **	0	
Cholesterol	mg	117.45 **	115	
Sodium	mg	1233.13	1230	
Total Carbs	g	29.29 **	29	
Dietary Fiber	g	4.32 **	4	
Sugars	g	23.27 **	23	
Protein	g	32.92 **	33	
Calcium	mg	492.44 **	492	
Iron	mg	1.35 **	1	
Potassium	mg	399.25 **	399	

SMOKIN' SOUTHWEST:

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		234.36	230
Calories From Fat		0.0 **	0
Total Fat	g	1.33	1.5
Saturated Fat	g	0.33	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	744.49	740
Total Carbs	g	58.52	59
Dietary Fiber	g	8.48 **	8
Sugars	g	27.37	27
Protein	g	9.78 **	10
Calcium	mg	116.84 **	117
Iron	mg	4.92 **	5
Potassium	mg	683.4 **	683

^{*}Note: Items are subject to change due to availability*

SIDE SALADS:

SIDE SALAD:

Contains: Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		361.67	360
Calories From Fat		0.0 **	0
Total Fat	g	29.23	29
Saturated Fat	g	7.8	8
Trans Fat	g	0.0 **	0
Cholesterol	mg	30.38 **	30
Sodium	mg	319.84	320
Total Carbs	g	18.32 **	18
Dietary Fiber	g	1.24 **	1
Sugars	g	16.65	17
Protein	g	7.18	7
Calcium	mg	225.98 **	226
Iron	mg	0.39 **	0
Potassium	mg	116.7 **	117

BLACK BEAN & CORN SIDE SALAD:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		146.63	150
Calories From Fat		0.0 **	0
Total Fat	g	1.33	1.5
Saturated Fat	g	0.33	0
Trans Fat	g	0.0 **	0
Cholesterol	mg	0.0	0
Sodium	mg	98.39	100
Total Carbs	g	26.97	27
Dietary Fiber	g	5.86 **	6
Sugars	g	7.04	7
Protein	g	6.87	7
Calcium	mg	41.39 **	41
Iron	mg	3.87 **	4
Potassium	mg	510.85	511

KIDS MEALS: INCLUDES BAKED FRIES SIDE

HOT DOG:

Contains: Wheat, Soy

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		680.2	680
Calories From Fat		0.0 **	0
Total Fat	g	33.51	34
Saturated Fat	g	11.0	11
Trans Fat	g	0.5	0.5
Cholesterol	mg	30.0	30
Sodium	mg	1430.36	1430
Total Carbs	g	80.03	80
Dietary Fiber	g	3.0	3
Sugars	g	5.0 **	5
Protein	g	16.0	16
Calcium	mg	78.03 **	78
Iron	mg	2.88	3
Potassium	mg	658.28	658

MAC N CHEESE:

Contains: Egg, Milk, Soy, Wheat, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		648.65	650
Calories From Fat		0.0 **	0
Total Fat	g	30.53	31
Saturated Fat	g	9.44	9
Trans Fat	g	0.0	0
Cholesterol	mg	22.68	25
Sodium	mg	1699.93	1700
Total Carbs	g	78.69	79
Dietary Fiber	g	2.91	3
Sugars	g	4.54 **	5
Protein	g	15.79	16
Calcium	mg	287.9	288
Iron	mg	2.75	3
Potassium	mg	726.11	726

DESSERTS:

TOFFEE STICKY CAKE: CHOCOLATE CHIP COOKIE:

Contains: Egg, Milk, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		490.0	490
Calories From Fat		0.0 **	0
Total Fat	g	23.0	23
Saturated Fat	g	14.0	14
Trans Fat	g	0.5	0.5
Cholesterol	mg	105.0	105
Sodium	mg	410.0	410
Total Carbs	g	65.0	65
Dietary Fiber	g	3.0	3
Sugars	g	47.0	47
Protein	g	5.0	5
Calcium	mg	78.0	78
Iron	mg	1.8	2
Potassium	mg	0.0 **	0

PINEAPPLE UPSIDE DOWN CAKE:

Contains: Egg, Milk, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		100.0	100
Calories From Fat		0.0 **	0
Total Fat	g	17.0	17
Saturated Fat	g	10.0	10
Trans Fat	g	0.0	0
Cholesterol	mg	95.0	95
Sodium	mg	360.0	360
Total Carbs	g	66.0	66
Dietary Fiber	g	1.0	1
Sugars	g	49.0	49
Protein	g	5.0	5
Calcium	mg	52.0	52
Iron	mg	1.08	1
Potassium	mg	0.0 **	0

Contains: Egg, Milk, Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		390.0	390
Calories From Fat		0.0 **	0
Total Fat	g	18.0	18
Saturated Fat	g	9.0	9
Trans Fat	g	0.0	0
Cholesterol	mg	0.0 **	0
Sodium	mg	240.0	240
Total Carbs	g	51.0	51
Dietary Fiber	g	3.0	3
Sugars	g	33.0	33
Protein	g	3.0	3
Calcium	mg	0.0 **	0
Iron	mg	3.24	3
Potassium	mg	141.0	141

FUNNEL CAKE FRIES:

Contains: Egg, Milk, Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		240.0	240
Calories From Fat		0.0 **	0
Total Fat	g	7.5	8
Saturated Fat	g	1.5	1.5
Trans Fat	g	0.0	0
Cholesterol	mg	30.0	30
Sodium	mg	315.0	320
Total Carbs	g	40.5	41
Dietary Fiber	g	0.0	0
Sugars	g	13.5	14
Protein	g	3.0	3
Calcium	mg	0.0 **	0
Iron	mg	0.54	1
Potassium	mg	0.0 **	0

SIDES:

COLESLAW:

BAKED BEANS:

Contains: Egg

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		74.21	70
Calories From Fat		0.0	0
Total Fat	g	3.0	3.0
Saturated Fat	g	0.39	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	46.85	45
Total Carbs	g	11.18	11
Dietary Fiber	g	4.02	4
Sugars	g	7.02	7
Protein	g	2.08	2
Calcium	mg	67.5	68
Iron	mg	0.82	1
Potassium	mg	274.54	275

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		209.35	210
Calories From Fat		0.0 **	0
Total Fat	g	3.93	4.0
Saturated Fat	g	1.31	1.5
Trans Fat	g	0.0	0
Cholesterol	mg	6.54	5
Sodium	mg	837.42	840
Total Carbs	g	36.64	37
Dietary Fiber	g	6.54	7
Sugars	g	17.01	17
Protein	g	7.85	8
Calcium	mg	68.04	68
Iron	mg	1.88	2
Potassium	mg	368.99	369

BEANLESS CHILI:

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		187.4	190
Calories From Fat		0.0 **	0
Total Fat	g	10.09	10
Saturated Fat	g	3.6	3.5
Trans Fat	g	0.0	0
Cholesterol	mg	25.23	25
Sodium	mg	713.56	710
Total Carbs	g	13.69	14
Dietary Fiber	g	2.16	2
Sugars	g	2.88	3
Protein	g	10.81	11
Calcium	mg	37.48	37
Iron	mg	1.04	1
Potassium	mg	0.0 **	0

BAKED FRIES:

Contains: Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		340.2	340
Calories From Fat		0.0 **	0
Total Fat	g	16.01	16
Saturated Fat	g	4.0	4.0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	620.36	620
Total Carbs	g	46.03	46
Dietary Fiber	g	2.0	2
Sugars	g	0.0 **	0
Protein	g	4.0	4
Calcium	mg	52.03	52
Iron	mg	1.44	1
Potassium	mg	470.28	470

SIDES:

CORN:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		95.26	100
Calories From Fat		0.0 **	0
Total Fat	g	1.36	1.5
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	13.61	15
Total Carbs	g	17.69	18
Dietary Fiber	g	2.72	3
Sugars	g	8.16	8
Protein	g	2.72	3
Calcium	mg	0.0 **	0
Iron	mg	0.49	0
Potassium	mg	191.87	192

POTATO SALAD:

Contains: Egg

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		315.9	320
Calories From Fat		0.0 **	0
Total Fat	g	23.08	23
Saturated Fat	g	3.65	3.5
Trans Fat	g	0.0	0
Cholesterol	mg	66.82	65
Sodium	mg	753.3	750
Total Carbs	g	24.3	24
Dietary Fiber	g	2.43	2
Sugars	g	8.51	9
Protein	g	3.65	4
Calcium	mg	31.59	32
Iron	mg	1.31	1
Potassium	mg	513.95	514

MAC N CHEESE:

Contains: Egg, Milk, Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		231.34	230
Calories From Fat		0.0 **	0
Total Fat	g	10.89	11
Saturated Fat	g	4.08	4.0
Trans Fat	g	0.0	0
Cholesterol	mg	17.01	15
Sodium	mg	809.68	810
Total Carbs	g	24.49	24
Dietary Fiber	g	0.68	<1
Sugars	g	3.4	3
Protein	g	8.85	9
Calcium	mg	176.9	177
Iron	mg	0.98	1
Potassium	mg	191.87	192

CORNBREAD:

Contains: Egg, Milk, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		420.0	420
Calories From Fat		0.0 **	0
Total Fat	g	20.0	20
Saturated Fat	g	4.0	4.0
Trans Fat	g	0.0	0
Cholesterol	mg	80.0	80
Sodium	mg	520.0	520
Total Carbs	g	50.0	50
Dietary Fiber	g	0.0	0
Sugars	g	22.0	22
Protein	g	6.0	6
Calcium	mg	52.0	52
Iron	mg	2.16	2
Potassium	mg	94.0	94

BEER CHEESE:

CHEDDAR CHEESE:

Contains: Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		122.85	120
Calories From Fat		0.0 **	0
Total Fat	g	8.51	9
Saturated Fat	g	5.67	6
Trans Fat	g	0.0	0
Cholesterol	mg	23.63	25
Sodium	mg	444.15	440
Total Carbs	g	4.72	5
Dietary Fiber	g	0.0	0
Sugars	g	2.84	3
Protein	g	4.72	5
Calcium	mg	122.85	123
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

CHILI:

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		62.47	60
Calories From Fat		0.0 **	0
Total Fat	g	3.36	3.5
Saturated Fat	g	1.2	1.0
Trans Fat	g	0.0	0
Cholesterol	mg	8.41	10
Sodium	mg	237.85	240
Total Carbs	g	4.56	5
Dietary Fiber	g	0.72	<1
Sugars	g	0.96	<1
Protein	g	3.6	4
Calcium	mg	12.49	12
Iron	mg	0.35	0
Potassium	mg	0.0 **	0

Contains: Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		222.75	220
Calories From Fat		0.0 **	0
Total Fat	g	18.23	18
Saturated Fat	g	10.12	10
Trans Fat	g	0.0	0
Cholesterol	mg	60.75	60
Sodium	mg	364.5	360
Total Carbs	g	0.0 **	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	12.15	12
Calcium	mg	394.88	395
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

COLESLAW:

Contains: Egg

					_
N	utrient Name	Unit	Nutrient Amount	FDA Rounding	L
C	alories		24.74	25	
C	alories From Fat		0.0	0	
Тс	otal Fat	g	1.0	1.0	
S	aturated Fat	g	0.13	0	
Tr	ans Fat	g	0.0	0	
C	holesterol	mg	0.0	0	Ĺ
S	odium	mg	15.62	15	
To	otal Carbs	g	3.73	4	_
Di	ietary Fiber	g	1.34	1	
Si	ugars	g	2.34	2	
Pi	rotein	g	0.69	<1	
C	alcium	mg	22.5	23	L
Iro	on	mg	0.27	0	
o cha Po	otassium	mg	91.51	92	_
to cha			j.		

DICED ONION:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		22.68	25
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0 **	0
Cholesterol	mg	0.0	0
Sodium	mg	0.0	0
Total Carbs	g	5.1	5
Dietary Fiber	g	1.13	1
Sugars	g	2.27	2
Protein	g	0.57	< 1
Calcium	mg	14.74	15
Iron	mg	0.2	0
Potassium	mg	79.95	80

DICED JALAPENO:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		0.0	0
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	0.0	0
Total Carbs	g	0.0 **	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0 **	0
Protein	g	0.0 **	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	190.35	190

DICED TOMATO:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		9.15	10
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	0.0	0
Total Carbs	g	1.83	2
Dietary Fiber	g	0.0 **	0
Sugars	g	1.83	2
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	128.95	129

SAUERKRAUT:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		9.45	10
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	340.2	340
Total Carbs	g	1.89	2
Dietary Fiber	g	1.89	2
Sugars	g	0.0	0
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

RELISH:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		56.7	60
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	529.2	530
Total Carbs	g	15.12	15
Dietary Fiber	g	0.0 **	0
Sugars	g	15.12	15
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

SPICY PICKLES:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		0.0	0
Calories From Fat		0.0	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	260.0	260
Sodium	mg	0.0 **	0
Total Carbs	g	0.0 **	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

PICKLES:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		0.0	0
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	390.0	390
Total Carbs	g	0.0	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	0.0	0
Calcium	mg	0.0	0
Iron	mg	0.0	0
Potassium	mg	47.0	47

BACON:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		255.15	260
Calories From Fat		0.0 **	0
Total Fat	g	19.85	20
Saturated Fat	g	8.51	9
Trans Fat	g	0.0	0
Cholesterol	mg	56.7	55
Sodium	mg	708.75	710
Total Carbs	g	0.0	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	17.01	17
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

KETCHUP:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		66.71	70
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	600.35	600
Total Carbs	g	16.68	17
Dietary Fiber	g	0.0	0
Sugars	g	13.34	13
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

MAYONNAISE:

Contains: Egg

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		392.54	390
Calories From Fat		0.0 **	0
Total Fat	g	43.62	44
Saturated Fat	g	6.54	7
Trans Fat	g	0.0	0
Cholesterol	mg	43.62	45
Sodium	mg	283.5	280
Total Carbs	g	0.0	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

YELLOW MUSTARD:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		0.0	0
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	680.4	680
Total Carbs	g	0.0	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

SPORT PEPPERS:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		0.0	0
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	77.5	80
Total Carbs	g	0.25	0
Dietary Fiber	g	0.0	0
Sugars	g	0.0	0
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

subject to change and to availability

COOKED PEPPERS & ONIONS:

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		29.33	30
Calories From Fat		0.0 **	0
Total Fat	g	0.65	0.5
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	91.24	90
Total Carbs	g	5.21	5
Dietary Fiber	g	1.3	1
Sugars	g	3.26	3
Protein	g	0.65	<1
Calcium	mg	16.94	17
Iron	mg	0.23	0
Potassium	mg	91.89	92

^{*}Note: Items are subject to change due to availability*

BBQ SAUCE: 20Z PORTIONS

ORIGINAL:

OHIOINAL

Nutrient Values

Nutrient Name Unit Nutrient Amount **FDA Rounding** 81.0 80 Calories Calories From Fat 0.0 ** 0 Total Fat 0.0 0 Saturated Fat g 0.0 0 Trans Fat 0.0 0 g Cholesterol mg 0.0 0 Sodium 664.2 660 18 Total Carbs 17.82 g Dietary Fiber 0.0 0 g Sugars 12.96 13 g Protein g 0.0 ** 0 Calcium 0.0 ** 0 mg Iron 0.0 ** 0 mg Potassium 152.28 152

MISSISSIPPI HONEY:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		107.27	110
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	582.32	580
Total Carbs	g	26.05	26
Dietary Fiber	g	0.0 **	0
Sugars	g	19.92	20
Protein	g	0.0 **	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	144.05	144

MEMPHIS SWEET:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		122.59	120
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	567.0	570
Total Carbs	g	29.12	29
Dietary Fiber	g	0.0 **	0
Sugars	g	22.99	23
Protein	g	0.0 **	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	216.07	216

KANSAS CITY:

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		94.5	90
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	614.25	610
Total Carbs	g	23.63	24
Dietary Fiber	g	0.0 **	0
Sugars	g	14.18	14
Protein	g	0.0 **	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	148.05	148

BBQ SAUCE:

20Z PORTIONS

GOLD SWEET & TANGY:

Contains: Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		110.25	110
Calories From Fat		0.0 **	0
Total Fat	g	1.58	1.5
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	598.5	600
Total Carbs	g	23.63	24
Dietary Fiber	g	0.0	0
Sugars	g	20.47	20
Protein	g	0.0 **	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	0.0 **	0

LOUISIANA HOT & SPICY:

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		81.0	80
Calories From Fat		0.0 **	0
Total Fat	g	0.0	0
Saturated Fat	g	0.0	0
Trans Fat	g	0.0	0
Cholesterol	mg	0.0	0
Sodium	mg	745.2	750
Total Carbs	g	19.44	19
Dietary Fiber	g	0.0 **	0
Sugars	g	16.2	16
Protein	g	0.0	0
Calcium	mg	0.0 **	0
Iron	mg	0.0 **	0
Potassium	mg	152.28	152

^{*}Note: Items are subject to change due to availability*

BREAKFAST:

Does not include any Tater Tot Sides

LOADED WRAP:

Contains: Milk, Wheat, Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		1060.65	1060
Calories From Fat		0.0 **	0
Total Fat	g	98.45	98
Saturated Fat	g	41.25	41
Trans Fat	g	0.0 **	0
Cholesterol	mg	441.5	440
Sodium	mg	3589.19	3590
Total Carbs	g	80.3 **	80
Dietary Fiber	g	4.57 **	5
Sugars	g	8.87 **	9
Protein	g	62.58	63
Calcium	mg	1031.12 **	1031
Iron	mg	6.04 **	6
Potassium	mg	750.58 **	751

BRATWURST, EGG & CHEESE WRAP:

Contains: Milk, Wheat, Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		986.87	990
Calories From Fat		0.0 **	0
Total Fat	g	99.56	100
Saturated Fat	g	44.31	44
Trans Fat	g	0.0	0
Cholesterol	mg	471.88	470
Sodium	mg	3441.25	3440
Total Carbs	g	56.0 **	56
Dietary Fiber	g	2.0	2
Sugars	g	5.0	5
Protein	g	66.38	66
Calcium	mg	1221.19	1221
Iron	mg	5.22 **	5
Potassium	mg	188.0 **	188

VEGGIE, EGG & CHEESE WRAP:

Contains: Milk, Wheat, Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		1045.53	1050
Calories From Fat		0.0 **	0
Total Fat	g	64.86	65
Saturated Fat	g	31.31	31
Trans Fat	g	0.0	0
Cholesterol	mg	381.88	380
Sodium	mg	1943.73	1940
Total Carbs	g	60.43 **	60
Dietary Fiber	g	4.61	5
Sugars	g	9.52	10
Protein	g	47.68	48
Calcium	mg	1203.08	1203
Iron	mg	4.61 **	5
Potassium	mg	371.79 **	372

CHICKEN & WAFFLES:

Contains: Egg, Soy, Wheat, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		1613.89	1610
Calories From Fat		0.0 **	0
Total Fat	g	64.0	64
Saturated Fat	g	12.0	12
Trans Fat	g	0.0	0
Cholesterol	mg	250.0	250
Sodium	mg	2652.63	2650
Total Carbs	g	211.54	212
Dietary Fiber	g	4.0	4
Sugars	g	352.94	353
Protein	g	44.0 **	44
Calcium	mg	156.0 **	156
Iron	mg	7.92 **	8
Potassium	mg	564.0 **	564

BREAKFAST:

LOADED BREAKFAST BOWL:

Contains: Milk, Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		1373.79	1370
Calories From Fat		0.0 **	0
Total Fat	g	122.98	123
Saturated Fat	g	48.92	49
Trans Fat	g	0.0 **	0
Cholesterol	mg	465.13	465
Sodium	mg	4453.93	4450
Total Carbs	g	94.05 **	94
Dietary Fiber	g	8.57 **	9
Sugars	g	10.71 **	11
Protein	g	65.3	65
Calcium	mg	1023.97 **	1024
Iron	mg	5.5 **	6
Potassium	mg	1644.16 **	1644

PANCAKES, BACON & BRATWURST

Contains: Egg, Milk, Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		425.56	430
Calories From Fat		0.0 **	0
Total Fat	g	41.5	42
Saturated Fat	g	14.83	15
Trans Fat	g	0.0	0
Cholesterol	mg	103.33	105
Sodium	mg	2370.96	2370
Total Carbs	g	92.87	93
Dietary Fiber	g	0.67	< 1
Sugars	g	326.27	326
Protein	g	27.0 **	27
Calcium	mg	86.67 **	87
Iron	mg	2.88 **	3
Potassium	mg	94.0 **	94

BACON, EGG PANCAKE SANDWICH:

Contains: Egg, Milk, Soy, Wheat, Egg, Milk

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		495.56	500
Calories From Fat		0.0 **	0
Total Fat	g	10.5	11
Saturated Fat	g	2.83	3.0
Trans Fat	g	0.0	0
Cholesterol	mg	128.33	130
Sodium	mg	830.96	830
Total Carbs	g	87.87	88
Dietary Fiber	g	0.67	< 1
Sugars	g	325.27	325
Protein	g	11.0 **	11
Calcium	mg	60.67 **	61
Iron	mg	2.52 **	3
Potassium	mg	141.0 **	141

PANCAKES & BACON:

Contains: Egg, Milk, Soy, Wheat

Nutrient Values

Nutrient Name	Unit	Nutrient Amount	FDA Rounding
Calories		498.89	500
Calories From Fat		0.0 **	0
Total Fat	g	6.5	7
Saturated Fat	g	2.0	2.0
Trans Fat	g	0.0	0
Cholesterol	mg	15.0	15
Sodium	mg	867.63	870
Total Carbs	g	100.54	101
Dietary Fiber	g	1.0	1
Sugars	g	326.94	327
Protein	g	9.0 **	9
Calcium	mg	52.0 **	52
Iron	mg	2.7 **	3
Potassium	mg	141.0 **	141